SERVICES/PROGRAMS WE OFFER

The N'Swakamok Eshkiniigjig Circle offers...

- * Monday Youth Program (10-15 yrs)
- * Activities for (10 29 yrs)

Michelle Elliot-Coordinator

- * Eshkiniigjig Advisory circle (Youth council)
- * N'Swakamok Dance Troupe

For more information contact **Eshkiniigjig Youth Workers**

Email: youth@nfcsudbury.org

110 Elm Street Sudbury, Ontario P3C 1T5 Phone: (705) 674-2128 Fax: (705) 671-3539 Web Page: www.nfcsudbury.org The Cultural Connection for Aboriginal Youth (CCAY) Initiative is designed to provide urban Aboriginal youth with a wide range of culturally based programs, services and activities that are locally controlled and designed in conjunction with Aboriginal youth.

These programs, services and activities will be structured in a manner that will empower Aboriginal youth to address the challenges they face and determine their own future with a sense of pride, in a safe and culturally relevant environment.

The primary goal of the Cultural Connection for Aboriginal Youth Centre's Initiative is to create a network of Urban Aboriginal Youth Centres that will support and assist Aboriginal youth in enhancing their economic, social and personal prospects.

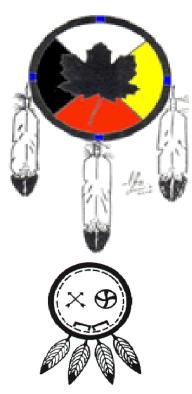
CCAY is funded by

Canadian Heritage

Cultural Connections for Aboriginal Youth

WHERE THE THREE ROADS MEET MALE & FEMALE YOUTH CIRCLE

N'SWAKAMOK NATIVE FRIENDSHIP CENTRE



MISSION STATEMENT

Our activities will help urban Aboriginal youth to grow in balance with respect to the physical, spiritual, emotional and mental aspects of their well being.

By using this process, economic, social, educational and personal prospects will be improved to their way of life.

We will watch our youth become role models for other youth who face the many challenges of living as an urban Aboriginal youth in the Greater City of Sudbury.

PROJECT SUMMARY

The N'Swakamok Eshkiniijig Circle will provide urban Aboriginal youth, 10-29 years of age with a safe and healthy environment they call their own at the Friendship Centre. We will see new friendships develop as youth help youth. The youth will plan, organize, develop and participate in alcohol and drug free social activities and attend educational, recreational, cultural workshops and gatherings. The youth who participate in this project will develop new skills and take part in programs that have a holistic approach to help themselves develop a sense of who they are and by not losing their identity as Aboriginal youth.

Youth may participate in:

- Social Night: Movies, Ping Pong, Games, Cooking, Crafts, PS2 & WII Games, computers
- National Aboriginal Day Pow-Wow June 21st
- Annual Hockey Challenge (Sudbury Police vs N'Swakamok Youth)
- **Recreational Activities:** Gym Nights, YMCA Passes, Swimming, Bowling & Sports, camping
- Leadership Workshops: Self Esteem, Life Skills, Team Work, & Peer Pressure
- Cultural Teachings: Sweats, teachings, drum making, drumming
- Educational Support: Native Student Services for Lasalle Secondary, and Sudbury Secondary School, educational trips, First Aid

IS THERE A COST?

All activities for youth will be provided at no cost.

Bus tickets & Meals provided during our programs.

Out of town trips are on a first com first serve basis, and youth are encouraged to sign up early.

Dates and times of activities will be on monthly calendars.

N'Swakamok Native Friendship Centre Hours:

Monday-Friday 9:00 am-5:00 pm

September thru June

